

Sapori

italian restaurant & bar

Lunch Menu

Lunch Menu

2 courses £19.50

3 courses £22.50

Starters

Parmigiana di melanzane (V)

Aubergine parmigiana

Salmone, osmosi di cetriolo, gelato all'acqua di pomodori e EVOO

Cured salmon, tomato water and olive oil gelato, compressed cucumber

Prosciutto di Parma, noce pesca e pesto

Parma ham, nectarine, basil pesto

Mains

Linguine aglio, olio e peperoncino, salsa di pane (V)

Linguine with EVOO, garlic, chili, bread sauce

Pennone al ragù genovese

Large penne pasta with "Genovese ragout" (beef and onions)

Platessa al vapore, zuppa di cozze, zucchine e pomodoro

Steamed fillet of plaice, mussels, courgette and tomato

Pollo, broccoletti, crema di piselli

Church Hill farm chicken leg, tender stem broccoli, pea purée

Side dishes to be ordered separately if required

Our pasta is served 'al dente' - with bite. If you would like your pasta cooked for longer, please ask when ordering. Gluten free pasta is available upon request

Our food is cooked to order, please notify us of any food allergies
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Side orders (V)

Olive marinate £3.95

Nocellara and Kalamata olives from Sicily

Pomodori e cipolla £3.75

Cherry tomatoes and onion salad

Spinaci al burro £4.20

Sautéed spinach with butter and parmesan

Pane e olio £5.50

Selection of homemade bread with Sicilian EVOO, balsamic vinegar and homemade Jersey butter

Insalata mista o verde £3.95

Mix salad or simply green

Verdure di stagione £3.50

Seasonal vegetables

Patatine fritte £3.95

Fresh cut chips

Patate al forno £3.95

Rosemary roast potatoes

Desserts (V)

All of our desserts are made in house, including our gelato and sorbet

Tiramisù

Classic tiramisù

Cheesecake cioccolato bianco e fragole

White chocolate cheesecake, strawberry sorbet

Sorbetto noce pesca

Nectarine sorbet

A discretionary 10% gratuity will be added to table of 5 or more

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